**How to support your child if returning**

* Chat with your child about returning to Rub-A-Dub! Remember they have been at home with you for a number of weeks and may find returning difficult
* Talk about what they liked doing at Rub-A-Dub
* Remind children of how they washed their hands at Rub-A-Dub – they may even remember our hand washing song!
* Talk about how they must tell a grown-up if they feel unwell when at Rub-A-Dub
* If they want to bring a favourite item to the pre-school this will not be allowed please speak to them about it before they come back.

**Before leaving home**

* Is your child showing any signs of feeling unwell? This includes not just the signs of COVID-19 but any other signs of being unwell. They **must** be kept at home
* If you are giving your child Calpol or any equivalent keep them at home
* Is your child feeling hot to touch? If yes, keep them at home. If you are able to take their temperature and it is above 37.8° plus, keep them at home.

Please refer to the back of this leaflet for details on COVID symptoms and track & trace.

* Bring in sunscreen with your child’s name on it to leave at the setting
* Apply sunscreen to your child before leaving home – this will reduce the time you will spend at the pre-school at drop off
* Children should preferably wear clothing that covers their arms and legs to reduce the amount of sunscreen staff will need to reapply
* Bring along a named bag with spare clothes and plenty of nappies if applicable. This bag will be kept at the pre-school.

**Wash hands before leaving home!**



**Key Information for Parents on attending Rub-A-Dub**

For some parents and children, starting or returning to pre-school, may be a little bit daunting! We want to reassure our parents that we are following the guidelines and advice provided by the Government and Wiltshire Council to ensure that our pre-school is as safe as possible for children, staff and parents.

We cannot say that nothing has changed since we were ordered to close to the majority of our parents in March. The way we care for your children has had to change to minimise the risk of the virus being passed on, and it isn’t just about how you drop off/collect your children!

We have reviewed the resources we make available to the children. For example, resources that are difficult to clean may not be available, items may be on ‘rotation’ and some items may not be suitable to be put out such as our beanbags. Our aim is to reduce the impact these changes may have on our children and to make the experience of being at Rub-A-Dub as close as it was before COVID-19.

Our staff may need to keep their distance from each other, but they will not always be doing that with the children. They will still be there for your child should they need help or even a little cuddle.

This leaflet provides parents and carers with key information and actions that we are asking parents & carers to follow to ensure the safety of our children and staff.

It must be read alongside our policy “Rub-A-Dub Pre-school Pandemic Policy – COVID-19” that can be downloaded from our website. If you have any questions please do not hesitate to contact us as usual.

**IMPORTANT INFORMATION ENGAGING WITH NHS TRACK & TEST**

According to the NHS the symptoms are:

* High temperature – this means you feel hot to touch on your chest on the chest or back
* New continuous cough- this means coughing a lot for more than an hour or 3 or more coughing episodes in 24hrs (if you usually have a cough it may be worse than normal)
* A loss or change to your sense of smell or taste – this means you’ve noticed you cannot smell or taste anything, or things smell or taste different to normal.

We expect parents and staff to cooperate with the NHS Track & Trace process. If your child shows any of the symptoms, you MUST go to the NHS website and organise a test: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

**It is important to advise us of a positive test result** as we will need to contact our local health team to discuss what actions need to be taken. The pre-school may be told that all of those who have been in close contact with your child have to self-isolate for 14 days. As a small setting, this may mean that all, or the majority, of our staff will have to self-isolate and the pre-school will have to temporarily close as we will not have enough staff to operate safely.

This is why is it so important to help avoid the spread of the virus that you do not send your child to the pre-school if they display ANY symptoms and get them tested.

If our staff believe your child has symptoms please do not take offense if your child is sent home, or we ask you not to bring them into the setting, and to follow the government guidelines on getting tested & self-isolation.

For more information on how to protect yourself & others from COVID-19, testing and self-isolation, go to: <https://www.gov.uk/coronavirus>

**Arrival / collecting children at the pre-school**

* Only **one** symptom free parent/carer should take/collect children
* Try to avoid public transport if possible
* Outside the pre-school parent/carer must adhere to social distancing guidelines – keep 2m apart
* Entry/collection will be via the usual front door to the pre-school
* No parent will be allowed into the room. If a parent needs to come in for a very specific reason, they will only be allowed into the garden via garden gate
* Lunch/snack boxes need to be placed on the trolley provided outside and collected from the same place
* Please do not linger outside the pre-school after drop off
* If staff need to contact you or if you have any concerns and you need to contact to them this will be done by phone or email.

**Lunch and snacks**

To reduce risks, we will not be supplying either a mid-morning or afternoon snack nor will the hot lunch option be available. Therefore, please send in with your child:

* A healthy snack, fruit or raw vegetables like carrots
* If staying all day or starting at 12pm remember to pack a lunch.

**Snack containers and lunch bags/boxes must be named and wipeable.**

**Staff**

If staff become unwell or are urgently called away, whilst we do have access to Bank staff to help to cover absences, in the current climate there is a possibility we may not be able to find cover. If this happens, we may to close at short notice. Hopefully this will not happen, but we felt that it was important to make our parents aware of this.

**Child with COVID-19 Symptoms**

If your child shows any signs of COVID-19 whilst at the setting a member of staff will remove the child from the group and will sit with them until a parent/carer arrives to take them home.